

# ADVANCED NEWSTART



**LEVEL UP**

**EDUCATIONAL LIFESTYLE MEDICINE PROGRAM  
TO ADDRESS LIFESTYLE CHRONIC DISEASES**

## HAVE YOU BEEN WANTING TO:

- ✓ Make positive lifestyle changes
- ✓ Overcome a certain addiction-related to food, media, etc.
- ✓ Achieve optimal health habits

**YOU DON'T WANT TO MISS OUT!**

▶ To get access to meals, join our 7-day Advanced Shape Up or 7-day Advanced Detox programs.

COME JOIN US & DISCOVER A **NEW YOU** IN JUST WEEKS!



**100% covered**

\$94 copay. Full reimbursement from insurance upon completion of program.

**Register by Feb 7, 2024**  
**February 9 to 15, 2024**

*Your Health  
is Our Mission.*



Guam Seventh-day  
Adventist Clinic

Call (671) 648-2521 to Schedule Appointment | [adventistclinic.com](http://adventistclinic.com)